

RABEA GIRLS' PUBLIC SCHOOL



**SYLLABUS
2022-23**

CLASS 1

**GALI QASIM JAN, BALLIMARAN
DELHI -110006**

ENGLISH

PRESCRIBED BOOK:

- NEW COMMUNICATE IN ENGLISH (BOOK 1) – RATNA SAGAR
- ESSENTIALS OF ENGLISH GRAMMAR AND COMPOSITION (BOOK 1) SULTAN CHAND

RECOMMENDED BOOK: OXFORD POCKET DICTIONARY

MONTH	SYLLABUS DETAILS
APRIL	Revision of the previous concepts Grammar <ul style="list-style-type: none">• One and More than One• He or She
MAY	NCIE <ul style="list-style-type: none">• Ch 1- The mango tree• Poem - The little rabbit Writing skills <ul style="list-style-type: none">• Sentence Sequencing Reading skills <ul style="list-style-type: none">• Comprehension passage practice
JULY	NCIE <ul style="list-style-type: none">• CH 2- Hoppity, Hop! Splash, Splash!• Poem - My garden Grammar <ul style="list-style-type: none">• Describing words Writing skills <ul style="list-style-type: none">• Completing sentences Reading skills <ul style="list-style-type: none">• Reference to context

LIST OF HOLIDAYS

PARTICULARS	DATE	DAY
Mahavir Jayanti and Ambedkar Jayanti	14 April 2022	Thursday
Good Friday	15 April 2022	Friday
Jumatul Vida	29 April 2022	Friday
Idu'l Fitr	3 May 2022	Tuesday
Buddha Purnima	16 May 2022	Monday
Idu'l Zuha	10 July 2022	Sunday
Muharram	9 August 2022	Tuesday
Raksha Bandhan	11 August 2022	Thursday
Independence Day	15 August 2022	Monday
Janamashtmi	19 August 2022	Friday
Mahatma Gandhi's Birthday	2 October 2022	Sunday
Dussehra	5 October 2022	Wednesday
Id Miladun Nabi	9 October 2022	Sunday
Diwali	24 October 2022	Monday
Chhatt Pooja	30 October 2022	Sunday
Bhai Dooj	26 October 2022	Wednesday
Guru Nanak's Birthday	8 November 2022	Tuesday
Christmas Day	25 December 2022	Sunday
Republic Day	26 January 2023	Thursday
Maha Shivratri	18 February 2023	Saturday
Holi	08 March 2023	Wednesday
Ram Navmi	30 March 2023	Thursday

VACATIONS

VACATION	FROM	TO	SCHOOL REOPENS ON
Summer vacation	16 May	30 June (I-V)	1 July
Autumn Break	04 October	09 October	10 October
Winter Break	31 December	13 January	16 January

OCTOBER 2022			
1 OCT	SAT	CULTURAL COMMITTEE	GANDHI JAYANTI CELEBRATION
4-9 OCT	TUE-SUN	-----	AUTUMN BREAK
12 OCT	WED	QURAN DEPT.	MILAD-UN -NABI (INTER-SCHOOL NAAT AND SPEECH COMPETITION)
26 OCT	WED	COMPUTER DEPT.	COMPUTER ACTIVITIES
NOVEMBER 2022			
11 NOV	FRI	ENGLISH/URDU/HINDI DEPT.	NATIONAL EDUCATION DAY
14 NOV	MON	CULTURAL COMMITTEE	CHILDREN'S DAY CELEBRATION
23 NOV	WED	URDU DEPT.	URDU ACTIVITIES DAY
DECEMBER 2022			
3 DEC	SAT	ENGLISH DEPT.	WORLD HUMAN RIGHTS DAY
5-16 DEC	MON-FRI	EXAM DEPT.	PERIODIC TEST II (CLASS III-V) TEST CYCLE III (CLASS I-II)
22 DEC	THU	MATHS DEPT.	MATH DAY
31 DEC-13 JAN	SAT-FRI	-----	WINTER BREAK
JANUARY 2023			
16 JAN	MON	-----	SCHOOL REOPENS
25 JAN	WED	CLASS TEACHERS	REPUBLIC DAY CELEBRATION
FEBRUARY 2023			
25 FEB	SAT	CLASS TEACHERS	GRADUATION DAY
13-18 FEB	MON-SAT	CLASS COORDINATORS	NOTEBOOK INSPECTION (CLASS I-V)
MARCH 2023			
23 FEB-15 MARCH	THUR-WED	EXAM DEPT.	ANNUAL EXAMINATION (CLASS III-V)
1 – 13 MARCH	WED-MON	EXAM DEPT.	TEST CYCLE IV (CLASS I - II)

AUGUST	<p>NCIE</p> <ul style="list-style-type: none"> • CH 3- Happy Birthday! • Poem - On the bus <p>Grammar</p> <ul style="list-style-type: none"> • A, An or The • This, That, These, Those <p>Writing skills</p> <ul style="list-style-type: none"> • Creative writing (My best birthday gift) <p>Reading skills</p> <ul style="list-style-type: none"> • Comprehension passage practice
SEPTEMBER	<p>NCIE</p> <ul style="list-style-type: none"> • Ch 4 - Bobby and Robby • Poem - Mice are Nice <p>Grammar</p> <ul style="list-style-type: none"> • I, You, He, She, It • We, You, They • Doing words <p>Writing skills</p> <ul style="list-style-type: none"> • Making sentences with doing words <p>Reading skills</p> <p>Comprehension passage practice</p>
OCTOBER	<p>NCIE</p> <ul style="list-style-type: none"> • CH 5- What does the prince want? <p>Grammar</p> <ul style="list-style-type: none"> • Is, Are, Am • Is, Are, Am + -ing <p>Writing skills</p> <ul style="list-style-type: none"> • Picture description <p>Reading skills</p> <p>Comprehension passage practice</p>

NOVEMBER	<p>NCIE</p> <ul style="list-style-type: none"> CH 6- Arun and Tara CH 7- Clever Fred <p>Grammar</p> <ul style="list-style-type: none"> Have, Has In, On, Under, Near Sentences <p>Writing skills</p> <ul style="list-style-type: none"> Object description <p>Reading skills</p> <p>Story retelling</p>
DECEMBER	<p>NCIE</p> <ul style="list-style-type: none"> CH 8- Free and Happy Poem – A Little Bird’s Song <p>Grammar</p> <ul style="list-style-type: none"> Capital letters Understanding words <p>Writing skills</p> <ul style="list-style-type: none"> Short paragraph (My Teacher) <p>Reading skills</p> <p>Comprehension passage practice</p>
JANUARY	<p>NCIE</p> <ul style="list-style-type: none"> Ch 9- Dear Animal Day <p>Grammar</p> <ul style="list-style-type: none"> Comprehension <p>Reading skills</p> <p>Character description</p>
FEBRUARY	<p>NCIE</p> <ul style="list-style-type: none"> Poem – I use my brain <p>Grammar</p> <ul style="list-style-type: none"> Composition <p>Reading skills</p> <p>Sequencing of poem’s lines</p>
MARCH	FINAL ASSESSMENT

ACTIVITY CALENDAR 2022-2023

MONTH / DATE	DAY	TEAM/ COMMITTEE/ DEPT.	ACTIVITY
APRIL 2022			
4 APRIL	MON	-----	SCHOOL REOPENS FOR NEW SESSION
7 APRIL	THU	EVS DEPT.	WORLD HEALTH DAY
22 APRIL	FRI	EVS DEPT.	WORLD EARTH DAY
23 APRIL	SAT	ENGLISH DEPT.	ENGLISH ACTIVITIES ON WORLD BOOK DAY
25 APRIL	MON	HINDI/ENGLISH/ URDU DEPT.	CREATIVE WRITING COMPETITION
MAY 2022			
2 MAY	MON	ART DEPT.	LABOUR DAY
6 MAY	FRI	CLASS TEACHERS	MOTHER’S DAY
16 MAY-30 JUNE	MON-THUR	-	SUMMER VACATION (CLASS I-V)
JULY 2022			
1 JULY	FRI	-----	SCHOOL REOPENS (CLASS I-V)
19 JULY	TUE	SPORTS DEPT.	INVESTITURE CEREMONY
22/23 JULY	FRI/SAT	CULTURAL COMMITTEE	DEATH ANNIVERSARY OF HAKEEM SAHEB
25 JULY- 5 AUGUST	MON-FRI	EXAM DEPT.	PERIODIC TEST I (CLASS III-V) TEST CYCLE I (CLASS I-II)
AUGUST 2022			
6 AUGUST	SAT	CLASS TEACHERS	GRAND PARENTS’ DAY
12 AUGUST	FRI	CULTURAL COMMITTEE	INDEPENDENCE DAY CELEBRATION
29 AUG-3 SEP	MON-SAT	CLASS COORDINATOR	NOTEBOOK INSPECTION OF CLASS I-V
SEP 2022			
1 SEP	THU	HINDI DEPT.	HINDI DIWAS (HINDI ACTIVITIES)
5 SEP	MON	CULTURAL COMMITTEE	TEACHERS’ DAY CELEBRATION
7-23 SEP	WED-FRI	EXAM DEPT.	HALF YEARLY EXAMINATION (CLASS III-V)
12-21 SEP	MON-WED	EXAM DEPT.	TEST CYCLE II (CLASS I- II)
14 SEP	WED	CULTURAL COMMITTEE	FOUNDER’S DAY CELEBRATION

OURAN

PRESCRIBED BOOK- NOORANI QAIDAH

MONTHS	TOPICS
APRIL	CH- 1: Mufridat
MAY	CH-2: Murakkabat
JULY	CH-3: Closed Letters (Huroof-E-Nadd)
AUGUST	CH-4: Open Letters (Huroof-E-Nadd)
SEPTEMBER	CH-5: Huroof-e-Leen CH-6: Tanween
OCTBER	CH- 7: Tanween and Noon Sakin
NOVEMBER	CH- 7: Iqlaab CH- 8: Rules of Meem Sakin
DECEMBER	CH- 9: Jazam CH- 10: Qalqalah
JANUARY	CH- 11: Tashdeed
FEBRUARY	CH- 12: Tashdeed and Madd
MARCH	Final Assessment

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MONTHS	SYLLABUS DETAILS
APRIL	JUMPING JACKS
MAY	STRETCHING EXERCISES
JULY	WARM UP EXERCISES
AUGUST	CALISTHENIC EXERCISES
SEPTEMBER	HAND EXERCISES
OCTOBER	LEG EXERCISES
NOVEMBER	P.T EXERCISES 1 & 2
DECEMBER	FITNESS EXERCISES
JANUARY	BALANCING EXERCISES
FEBRUARY	HEAD TO TOE EXERCISES
MARCH	FINAL ASSESSMENT

हिन्दी

निर्धारित पुस्तिका : गुंजन हिन्दी पाठमाला

व्याकरण संबोध

महीने	पाठयक्रम विवरण (पाठ संख्या एवं नाम)
अप्रैल	पूर्व अवधारणाओं का अवलोकन 1-वर्णमाला 2- स्वर व व्यंजन 3- अमात्रिक शब्द (2 अक्षर वाले)
मई	4- अमात्रिक शब्द (3 , व 4 अक्षर वाले)
जुलाई	5- मात्राएं (आ , इ , ई) 6- मात्राएं (उ , ऊ ,)
अगस्त	7- मात्राएं (ऋ , ए , ऐ ओ व औ) 8- दसखड़ी 9- चित्र वर्णन
सितंबर	10- चन्द्रबिन्दु , बिन्दु , विसर्ग 11- गिनती (1-10) 12- मैं – मेरा परिवार
अक्तूबर	13- संयुक्ताक्षर (क्ष , त्र , ज्ञ , श्र) 14- संयुक्त व्यंजन 15- ध्वनियों के चिह्न 16- चित्र वर्णन

नवंबर	17- लिंग बदलो 18- विलोम शब्द 19- बरखा रानी (कविता)
दिसंबर	20- र के रूप 21- मैं किसी को नहीं मारूँगा (कहानी) 22- मेट्रो की सैर (कहानी) 23- महीनों के नाम
जनवरी	24- चित्र वर्णन 25- कैसे लगते भालू राम (कविता) 26- दिनों के नाम
फ़रवरी	27- डॉक्टर जिराफ़ 28-एक अनेक 29-एक नाम और
मार्च	अंतिम मूल्यांकन

ISLAMIYAT

PRESCRIBED BOOK: ISLAMIC STUDIES 1

MONTHS	CHAPTERS
APRIL	CH-1: ALLAH CREATED THE SKY AND THE EARTH CH-2: ALLAH CREATED THE ANIMALS AND THE BIRDS
MAY	CH-3: ALLAH GIVE ME FOOD TO EAT
JULY	CH-4: EATING MANNER CH-5: BEAUTIFUL NAMES OF ALLAH
AUGUST	CH-6: KALIMAH TAYYIBAH CH-7: THE FIVE PILLARS OF ISLAM
SEPTEMBER	CH-8: IMAN CH-9: SALAH
OCTOBER	CH-10: ADHAN CH-11: WUDHU
NOVEMBER	CH-12: THE GLORIOUS QURAN CH-13: MY BELIEFS
DECEMBER	CH-14: OUR BELOVED PROPHET (PBUH)
JANUARY	CH-15: KABAH
FEBRUARY	CH-16: GOLDER PHRASES CH-17: HADITH
MARCH	FINAL ASSESSMENT

ART & CRAFT

MONTHS	CONCEPTS
APRIL	<ul style="list-style-type: none"> • Introduction of Primary and secondary colours. • Colouring practice • Number drawing
MAY	<ul style="list-style-type: none"> • Thumb painting • Hand impression painting
JULY	<ul style="list-style-type: none"> • Paper tearing • Paper crumbling • Pencil shaving
AUGUST	<ul style="list-style-type: none"> • Easy craft or drawing related to Independence Day. • Geometrical drawing like- castle, ship, robot.
SEPTEMBER	<ul style="list-style-type: none"> • Card making for Teacher's Day • Dot painting and Line drawing • Pattern drawing in different objects (GRADING WILL BE DONE)
OCTOBER	<ul style="list-style-type: none"> • Activity related to Gandhi Jayanti • Hand tracing activity. • Flower drawing
NOVEMBER	<ul style="list-style-type: none"> • CRAFT ACTIVITY- Easy stick puppet, paper bird • ORIGAMI ACTIVITY- Flower, fish, fan, boat.
DECEMBER	<ul style="list-style-type: none"> • Drawing of favorite toy • Easy landscape • Snowman drawing • Christmas tree craft
JANUARY	<ul style="list-style-type: none"> • Activity for Republic Day. • Rainbow drawing.
FEBRUARY	<ul style="list-style-type: none"> • Stick drawing
MARCH	FINAL ASSESSMENT

URDU

درسی کتاب: ابتدائی اردو (NCERT)
ہدایتی کتاب: نفیس اردو

نصابی تفصیل اسباق کے نمبر شمار اور نام	مہینے
ابتدائی اردو: نفیس اردو: سبق نمبر 1: آ ا سبق نمبر 2: ب پ ت ٹ ث صفحہ نمبر 2 سے 5 تک	اپریل
ابتدائی اردو: نفیس اردو: سبق نمبر 3: ن ی ے صفحہ نمبر 6 سے 10 تک	مئی
ابتدائی اردو: نفیس اردو: سبق نمبر 4: ج چ ح خ سبق نمبر 5: د ڈ ذ و صفحہ نمبر 11 سے 14 تک	جولائی
ابتدائی اردو: نفیس اردو: سبق نمبر 6: ر ژ زڑ سبق نمبر 7: زیر، زیر اور پیش سبق نمبر 8: س ش سبق نمبر 9: جزم صفحہ نمبر 15 سے 21 تک	اگست
ابتدائی اردو: نفیس اردو: سبق نمبر 10: ص ض سبق نمبر 11: ط ظ سبق نمبر 12: ع غ سبق نمبر 13: ف ق صفحہ نمبر 22 سے 28 تک	ستمبر
ابتدائی اردو: نفیس اردو: سبق نمبر 14: تشدید سبق نمبر 15: ک گ صفحہ نمبر 29 سے 32 تک	اکتوبر

نومبر	ابتدائی اردو: سبق نمبر 16: ل م سبق نمبر 17: ہ سبق نمبر 18: بہ پہ تھ ٹھ سبق نمبر 19: چھ	نقیس اردو: صفحہ نمبر 33 سے 39 تک
دسمبر	ابتدائی اردو: سبق نمبر 20: دھ ڈھ ژھ سبق نمبر 21: کھ گھ سبق نمبر 22: نون غن	نقیس اردو: صفحہ نمبر 40 سے 44
جنوری	ابتدائی اردو: سبق نمبر 23: ہمزہ سبق نمبر 24: حروفِ تہجی	نقیس اردو: صفحہ نمبر 45 سے 49 تک
فروری	ابتدائی اردو: سبق نمبر 25: حمد سبق نمبر 26: یہ میرا گھر ہے میرا گھر سبق نمبر 27: گنتی	نقیس اردو: صفحہ نمبر 50 سے 56 تک
مارچ	سالانہ امتحان	

AUGUST	CH-3 PARTS OF COMPUTER <ul style="list-style-type: none"> ● Monitor and CPU (central processing unit) ● Keyboard and Mouse ● Storage parts of A Computer ● Know about touchscreen computers
SEPTEMBER	CH-4 LEARN TO USE COMPUTER <ul style="list-style-type: none"> ● Starting the computer ● Desktop ● Shutting down ● STARTING and closing a touchscreen computer
OCTOBER	CH-5 LEARN TO USE THE KEYBOARD <ul style="list-style-type: none"> ● Alphabet keys ● Number keys ● Special keys ● Keyboard in a touchscreen computer
NOVEMBER	CH-6 LEARN TO USE THE MOUSE <ul style="list-style-type: none"> ● Mouse buttons ● How to hold the mouse ● How to use the mouse ● Drag and drop ● Touchscreen Basic ● Listening music
DECEMBER	CH-7 MANNERS IN COMPUTER LAB <ul style="list-style-type: none"> ● Computer and your health
JANUARY	CH-8 FUN WITH PAINT <ul style="list-style-type: none"> ● Starting point ● Parts of a paint window
FEBRUARY	CH-8 FUN WITH PAINT <ul style="list-style-type: none"> ● How to make a drawing in paint ● How to print a drawing
MARCH	FINAL ASSESSMENT

DECEMBER	<ul style="list-style-type: none"> • Music Makers • Day By Day • Famous Indians • Leaders Of The World • Sports And Sportspersons • Chores At Home
JANUARY	<ul style="list-style-type: none"> • Countries And Flags
FEBRUARY	<ul style="list-style-type: none"> • Going Shopping • Machines That Make Our Lives Easy • Food Around India • Colours And Pattern In Nature
MARCH	FINAL ASSESSMENT

COMPUTER

PRESCRIBED BOOK: CORDOVA LEARNING ICT

MONTH	CHAPTERS AND CONCEPTS
APRIL	CH-1 INTRODUCED TO COMPUTER <ul style="list-style-type: none"> • Machines • Computer • Computer A Smart Machine
MAY	CH-1 INTRODUCED TO COMPUTER <ul style="list-style-type: none"> • Computer- A Smart Machine
JULY	CH-2 USES OF COMPUTER <ul style="list-style-type: none"> • Some uses of computers • Places where computers are used

MATHEMATICS

NAME OF THE BOOKS: Success with Maths Ahead (Orient Black Swan)

MONTH	NAME OF CHAPTERS (CONCEPT)
APRIL	<u>NUMEBRS 1-20</u> <ul style="list-style-type: none"> • Counting and reading numbers upto 20. • Numbers and their number names upto 20. • Before after and between. • Ascending and descending orders.
MAY	<u>ADDITION 1-10</u> <ul style="list-style-type: none"> • Adding by putting together. • Adding two numbers with their sum not exceeding 10 • Story sums on addition.
JULY	<u>SUBTRACTION 1-10</u> <ul style="list-style-type: none"> • Subtracting by taking away. • Subtracting one number from another both being equal to or smaller than 10.
AUGUST	<u>ADDITION 1-19</u> <ul style="list-style-type: none"> • Adding a 2- digit number to a 1-digit number with the sum not exceeding 20. • Story sums on addition. <u>SUBTRACTION 1-19</u> <ul style="list-style-type: none"> • Subtracting a 1-digit number from a 1-digit or 2-digit number. • Story sums on subtraction.
SEPTEMBER	<u>SHAPES AND PATTERN</u> <ul style="list-style-type: none"> • Identification and naming of the solid shapes. • Identification and naming of the shapes. • Understanding simple patterns.

	<p align="center"><u>NUMEBRS 21-100</u></p> <ul style="list-style-type: none"> ● Number and their number names from 21-100. ● Ordinal numbers. ● Expanded form.
OCTOBER	<p align="center"><u>MEASUREMENTS</u></p> <ul style="list-style-type: none"> ● Comparing and measuring the length of objects. ● Comparing the weight of objects. ● Comparing and measuring the capacities.
NOVEMBER	<p align="center"><u>ADDITION AND SUBTRACTION 1-99</u></p> <ul style="list-style-type: none"> ● Adding 2-digit numbers without and with regrouping. ● Subtracting 2-digit number without and with regrouping.
DECEMBER	<p align="center"><u>TIME</u></p> <ul style="list-style-type: none"> ● Writing time by the clock to the nearest hour. ● Days of the week. ● Names of the months. <p align="center"><u>MONEY</u></p> <ul style="list-style-type: none"> ● Recognizing different coins and notes. ● Using money for simple shopping activities.
JANUARY	<p align="center"><u>DATA HANDLING</u></p> <ul style="list-style-type: none"> ● Collecting simple data. ● Interpreting the data represented in a pictograph.
FEBRUARY	<p align="center"><u>MULTIPLICATION</u></p> <ul style="list-style-type: none"> ● Multiplication by repeated addition. ● Multiplying two 1-digit numbers using multiplication tables of 2,3,4,5 and 10.
MARCH	FINAL ASSESSMENT

GENERAL KNOWLEDGE

PRESCRIBED BOOK: KNOW FOR SURE 1

MONTHS	TOPICS
APRIL	<ul style="list-style-type: none"> ● I Spy ● Animal Sounds
JUNE	<ul style="list-style-type: none"> ● Parts of the Body ● People who help us
JULY	<ul style="list-style-type: none"> ● Our wonderful world ● Opposites ● Healthy eats ● Fruits And Vegetables ● National Symbols of India ● Good Manners, Bad Manners ● Life Underwater
AUGUST	<ul style="list-style-type: none"> ● Domestic Animals ● Up In the Sky ● Means Of Transport ● Odd One Out
SEPTEMBER	<ul style="list-style-type: none"> ● Food Habits of Animals ● Traditional Indian Clothes ● Flower Delight ● Festivals And Fun ● Computers ● Tick-Tock ● Amazing Animals
OCTOBER	<ul style="list-style-type: none"> ● A Walk-Through Nature ● Hide And Seek ● Around India
NOVEMBER	<ul style="list-style-type: none"> ● Guessing Countries ● Different Landforms

SEPTEMBER	UNIT-III: PLANTS AND ANIMALS <u>CH-9: ANIMAL WORLD</u> a) Types of animals: land animals, water animals and animals that live both on land and water <u>CH-10: TYPES OF ANIMALS</u> a) Types of animals: domestic animals, wild animals, pet animals, birds and insects
OCTOBER	UNIT-IV: WORLD AROUND US <u>CH-11: OUR NEIGHBOURHOOD</u> a) Places in our neighborhood
NOVEMBER	UNIT-IV: WORLD AROUND US <u>CH-14: OUR NEIGHBOURHOOD HELPERS</u> a) People who help us <u>CH-15: FESTIVALS WE CELEBRATE</u> a) Religious festivals of India b) National festivals of India
DECEMBER	UNIT-V: GOOD MANNERS, SAFETY AND TRANSPORT <u>CH-18: TRANSPORT AND COMMUNICATION</u> a) Types of transport: land, air and water b) Communication
JANUARY	UNIT-VI: NATURE <u>CH-19: THE EARTH AND THE SKY</u> a) Different heavenly bodies present in sky
FEBRUARY	UNIT-VI: NATURE <u>CH-20: SEASON</u> a) Types of seasons: summer, rainy and winter
MARCH	FINAL ASSESSMENT

<u>EVS</u>	
PRESCRIBED TEXTBOOK – Me and My World	
MONTHS	SYLLABUS DETAILS (Chapter Number and Name)
APRIL	Revision of previous concepts UNIT-I: WE AND OUR BODY ➤ IT IS ME a) How to introduce myself <u>CH-1: OUR BODY</u> a) Different parts of our body b) Number of body parts
MAY	UNIT-I: WE AND OUR BODY <u>CH-3: OUR SENSE ORGANS</u> a) Sense organs of our body b) Function of the sense organs
JULY	UNIT-II: OUR NEEDS <u>CH 4: OUR FOOD</u> a) Need of food b) Food from plants c) Food from animals d) Eating time e) Good food habits
AUGUST	UNIT-II: OUR NEEDS <u>CH-5: CLOTHES WE WEAR</u> a) Need of clothes b) Different types of clothes c) Uniform d) Sources of clothes UNIT-III: PLANTS AND ANIMALS <u>CH-8: OUR GREEN FRIENDS</u> a) Parts of a plant b) Types of plants

YOURSELF UP FOR SUCCESS

TAKE RESPONSIBILITY

All the study methods in the world won't help you if you don't help yourself. As with most everything in your life, your motto should be, **"I'm responsible for my success!"**

If you put forth the effort to study effectively, the improved skills will soon become a habit and be just as natural as breathing. The result can be better grades, greater knowledge, and higher self-esteem. These skills will also serve you well in your personal life.

STUDY EFFECTIVELY

Studying effectively is not a matter of chance. Students usually devote a lot of time to their studies but they achieve success only by forming correct study habits. By following the methods given below the students learn more easily, retain material for longer periods of time, and save themselves hours of study time.

Making and Keeping a Study Schedule

Set aside certain hours of each day for study just as you do for nourishment and sleep. Keep the same schedule faithfully from day-to-day. The amount of time needed for study will vary for each student based on skills with the subject matter. An average of two to three hours of study each day is recommended. Make a weekly timetable. Have short frequent periods for each subject rather than long hours for one. Start with interesting easy lessons / topics and then proceed towards difficult ones.

Studying in an Appropriate Setting — Same Time, Same Place, Every Day

If concentration is your problem, then the right surroundings will help you greatly. Your study desk or table should be in a quiet place – free from as many distractions as possible. You will concentrate better when you study in the same place every day. It's a mind-set. For example, when you sit down at the kitchen table, you expect to eat. When you sit down in an easy chair, you watch TV, etc. Developing the habit of studying in the same place at the same time every day will improve your concentration.

Equipping Your Study Area With All the Materials You Need

Your study desk or table should be equipped with all the materials you might need to complete the assignment, e.g., pencils, pens, erasers, paper clips, stapler, dictionary, snacks, and liquid refreshments, etc. For some assignments, you may require a calculator or other supplies. With your materials at hand, you can study without interruption. Taking your snack food and drinks to the study location will eliminate those endless trips to the kitchen which break your concentration.

Not Depending on Tests/Exams for Motivation

Can you imagine an athlete-in-training waiting for inspiration to strike to practice in preparation for an event? Of course not. They train daily to stay competitive whether they want to or not. Like the athlete, you must get in training for tests and examinations by doing the assignments and preparing daily through review to be ready for the action.

Keeping a Well-Kept Notebook Improves Grades

There is definitely a relationship between orderliness and high grades. Knowing where to find your materials when you need them is crucial. Keep a special section for each subject in your notebook as well as a calendar so that you can write down all important assignments as they are announced. Having all of this information together in one place is vital to your success. A well-kept notebook is a part of good time management. If you've ever misplaced an important assignment, you know how much valuable time can be lost looking for it.

Keeping a Careful Record of Assignments

Put it down in black and white—including the details—and keep it in your notebook. Knowing just what you are expected to do and when you are expected to do it is the first giant step toward completing important assignments successfully and on time.

Reviewing Material Frequently

A student who does not review material can forget 80% of what has been learned in only two weeks! The first review should come very shortly after the material was first presented and studied. Reviewing early acts as a safeguard against forgetting and helps you remember far longer. Frequent reviews throughout the course will bring rewards at test time and will alleviate pre-test anxiety.